

FAMILY MANAGEMENT & CHORE DISTRIBUTION

WEEK OF: _____ HOUSEHOLD FOCUS: _____

FAMILY MEMBER	MON	TUE	WED	THU	FRI	SAT	SUN
Parent A	Meal Prep	Laundry	Grocery	Meal Prep	Laundry	Deep Clean	Planning
Child 1	Dishes	Trash	Dishes	Trash	Dishes	Yard Work	Rest
Child 2	Vacuum	Pets	Vacuum	Pets	Vacuum	Dusting	Rest
Child 3	Table	Toys	Table	Toys	Table	Organize	Rest
Child 4	Pets	Table	Pets	Table	Pets	Toys	Rest

ZONE CLEANING FOCUS
NOTES / REWARDS