

# TEENAGER RESPONSIBILITY CHART

NAME: \_\_\_\_\_ WEEK OF: \_\_\_\_\_

RESPONSIBILITY TASK	M	T	W	T	F	S	S
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## Personal Growth & Hygiene

Morning Routine (Bed made, Grooming)

Healthy Habit (Exercise/Meditation/Reading)

## Academic & Career

Homework & Study Sessions Complete

Bag Packed & Clothes Set for Tomorrow

## Household Contribution

Bedroom & Shared Bathroom Tidied

Kitchen Duty (Dishes/Trash/Meal Prep)

Weekly Deep Chore (Laundry/Floors/Lawn)

**RESPONSIBILITY TASK**

**M T W T F S S**

**Financial & Tech Responsibility**

Budget Tracking / Expense Log Update

Tech Curfew & Devices Charging in Hub

**GOALS FOR THE WEEK**

**REWARDS / PRIVILEGES EARNED**