

RESPONSIBILITY TRACKER

Week of: _____

NAME: _____

PERSONAL CARE & WELLNESS

Morning Routine (Bed made, Teeth, Face)

Physical Activity (30+ Minutes)

ACADEMICS & GROWTH

Homework & Study Review

Backpack & Desk Organized

HOUSEHOLD CONTRIBUTION

Kitchen Duty (Dishes/Trash/Counters)

Room Clean & Floor Clear

EVENING DISCIPLINE

Screen Time Limits Followed

Clothes Prepped for Tomorrow

NOTES & REFLECTIONS
GOAL / REWARD

Focus of the week...