

WEEKLY ACCOUNTABILITY

Teenager Responsibility Matrix

WEEK OF:

CORE
RESPONSIBILITIES

MON

TUE

WED

THU

FRI

SAT

SUN

Room Organized &
Bed Made

Homework & Studies

Kitchen/Dishes
Rotation

Trash & Recycling

Laundry
(Wash/Fold/Put Away)

Pet Care / Yard Work

Personal Hygiene/Self-
Care

WEEKLY GOALS & FOCUS

INCENTIVES & PRIVILEGES

Teen Signature: _____ Parent Signature: _____