

# HOME MANAGEMENT & INDEPENDENCE TRACKER

RESIDENT: \_\_\_\_\_ WEEK OF: \_\_\_\_\_

**RESPONSIBILITY ZONE**      **DAILY ACTIONS (M / T / W / T / F / S / S)**      **STATUS**

**Personal Domain**  
Bedroom, laundry, & study  
area maintenance.

Bed made & floor cleared  
Desk organized / Trash emptied  
Laundry sorted/folded

**Shared Spaces**  
Kitchen, living room, or  
bathroom rotation.

Dishwasher loaded/unloaded  
Countertops wiped clean  
Common area clutter removed

**Life Skills** Meal prep and  
resource management.

Meal prep contribution  
Pet care / Plant watering  
Next day schedule review

## Weekly Deep Clean Focus

Vacuum/Mop Assigned Zone

Dust Baseboards/Blinds

Mirror/Window Cleaning

## Independence Goals

Budget/Expense Tracking

Vehicle/Bike Maintenance

Grocery List Update

**Notes / Rewards / Goal Reflections:**