

WEEKLY CHORE TRACKER

WEEK OF: _____ FAMILY MEMBER: _____

TASK DESCRIPTION

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MORNING (FAST TRACK)

Make Bed / Clear Floor

Load Dishwasher / Clear
Counter

EVENING (RESET)

15-Minute Living Room Pick-up

Prep Lunch / Bag for Tomorrow

One Load of Laundry (Start to
Finish)

WEEKEND / FLEX TASKS

Bathroom Scrub (Sinks/Toilet)

Floor Sweep/Vacuum High
Traffic

TASK DESCRIPTION	M	T	W	T	F	S	S
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Fridge Cleanout (Trash Day
Prep)

NOTES / REWARDS: