

# PUPPY SOCIALIZATION CHECKLIST

Goal: Positive exposure to 100+ stimuli in the first 16 weeks

Puppy Name: \_\_\_\_\_

Age/Week: \_\_\_\_\_

## STIMULUS / ENVIRONMENT

DATE

:)

:|

:(

NOTES

## PEOPLE & APPEARANCES

Children (Running/Yelling)

Person with Umbrella/Cane

Person in Uniform/Hi-Vis

## SURFACES & TEXTURES

Metal Grates / Manhole Covers

Wet Grass / Mud

Unstable Surfaces (Wobble Board)

## SOUNDS & NOISES

**STIMULUS / ENVIRONMENT****DATE****: - )****: - |****: - (****NOTES**

Vacuum Cleaner / Hairdryer

Sirens / Heavy Traffic

Thunder / Fireworks (Audio)

**HANDLING & VET CARE**

Paws/Nails Touched

Checking Teeth/Ears

Being Picked Up / Restrained

**Legend:** :- ) Positive/Confident | :- | Neutral/Observational | :- ( Fearful/Avoidant (Stop and create space)

*Note: Always prioritize quality of experience over quantity. If the puppy shows fear, increase distance and reward calm behavior.*