

MEDICATION RECOVERY LOG

Week of: _____

Patient Name: _____

Physician: _____

MEDICATION & DOSAGE	TIME	DAILY TRACKER (M T W T F S S)	PURPOSE/NOTES
Example: Ibuprofen 400mg	8:00 AM		Pain / Inflammation

Daily Recovery Notes (Symptoms, Side Effects, Temperature):

This log is a template for personal tracking. Always follow your healthcare provider's specific instructions.