

BARIATRIC MEASUREMENT LOG

Patient Name:

Surgery Date:

Goal Weight:

MEASUREMENT	PRE-OP	MONTH 1	MONTH 3	MONTH 6	MONTH 12
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Vital Statistics

Weight (lb/kg)

BMI

Body Circumference (Inches/cm)

Neck

Chest

Waist (Navel)

Hips

Upper Arm (R)

Thigh (R)

Observations / Non-Scale Victories (NSVs):