

PASSWORD SECURITY LOG

Date Created: _____
Sheet No: _____

WEBSITE / SERVICE	USERNAME / EMAIL	PASSWORD / KEY PHRASE	NOTES / 2FA METHOD
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Essential Security Reminders

- Never share this physical document with anyone.
- Store this sheet in a fireproof safe or a locked drawer.
- Use unique passwords for every account (avoid recycling).
- Update sensitive passwords (banking, primary email) every 90 days.
- Enable Two-Factor Authentication (2FA) whenever possible.