

WORLD TIME ZONE REFERENCE

Geography & Chronometry Educational Guide

UTC -8 Pacific Time (LA)
UTC -5 Eastern Time (NYC)
UTC +0 Greenwich (London)
UTC +1 Central Europe (Paris)
UTC +3 East Africa (Nairobi)
UTC +5:30 India (New Delhi)
UTC +8 China (Beijing)
UTC +10 AEST (Sydney)

Key Concepts:

- **Prime Meridian:** The 0 longitude line passing through Greenwich.
- **International Date Line:** Roughly follows 180 longitude; separates calendar days.
- **UTC:** Universal Coordinated Time, the primary time standard.

Educational Material - Geography Series - Classroom Use Permitted