

GLOBAL TIME COMPARISON

Reference: Universal Time Coordinated (UTC)

Generated: October 2023
High Resolution Printable Template

UTC / GMT	LONDON BST (UTC+1)	NEW YORK EDT (UTC-4)	LOS ANGELES PDT (UTC-7)	TOKYO JST (UTC+9)	SYDNEY AEST (UTC+10)
08:00	09:00	04:00	01:00	17:00	18:00
09:00	10:00	05:00	02:00	18:00	19:00
12:00	13:00	08:00	05:00	21:00	22:00
14:00	15:00	10:00	07:00	23:00	00:00
16:00	17:00	12:00	09:00	01:00	02:00
18:00	19:00	14:00	11:00	03:00	04:00
21:00	22:00	17:00	14:00	06:00	07:00

Standard Working Hours (08:00 - 18:00)
Daylight / Evening
Late Night / Early Morning