

CANADA PROVINCES AND TERRITORIES

REGION NAME	TYPE	CAPITAL CITY	ABBREVIATION
Alberta	Province	Edmonton	AB
British Columbia	Province	Victoria	BC
Manitoba	Province	Winnipeg	MB
New Brunswick	Province	Fredericton	NB
Newfoundland and Labrador	Province	St. John's	NL
Nova Scotia	Province	Halifax	NS
Ontario	Province	Toronto	ON
Prince Edward Island	Province	Charlottetown	PE
Quebec	Province	Quebec City	QC
Saskatchewan	Province	Regina	SK
Northwest Territories	Territory	Yellowknife	NT

REGION NAME	TYPE	CAPITAL CITY	ABBREVIATION
Nunavut	Territory	Iqaluit	NU
Yukon	Territory	Whitehorse	YT