

# POLYNESIA REGIONAL CHART

Oceania Geographic Data Index  
REF: POLY-2024-001

NATION / TERRITORY	CAPITAL	SUB-REGION	STATUS
Cook Islands	Avarua	Southern Polynesia	Associated State
French Polynesia	Papeete	Eastern Polynesia	Overseas Collectivity
Niue	Alofi	Central Polynesia	Associated State
Samoa	Apia	Western Polynesia	Sovereign State
Tonga	NukuÊ»alofa	Western Polynesia	Constitutional Monarchy
Tuvalu	Funafuti	Western Polynesia	Sovereign State
Wallis and Futuna	Mata-Utu	Western Polynesia	Overseas Territory

Chart data for educational purposes only. Projections based on the Polynesian Triangle coordinates.