

# BEDROOM CLEANING CHECKLIST

Week of: \_\_\_\_\_ Room: \_\_\_\_\_

## DAILY ESSENTIALS

Make the bed  
Pick up clothes/laundry from floor  
Clear and wipe bedside tables

## WEEKLY DEEP CLEAN

Change bed linens and pillowcases  
Dust all surfaces (dresser, desk, shelves)  
Vacuum carpet or mop hard floors  
Empty the trash bin  
Clean mirrors and glass surfaces

## MONTHLY FOCUS

Dust ceiling fan and light fixtures  
Wipe down baseboards and door frames

Notes / Reward: