

GROWTH MINDSET REFLECTION

Date: _____

THE CHALLENGE

What was difficult today?

THE PIVOT

Instead of "I can't", I told myself...

MISTAKES AS FUEL

What did a mistake teach me?

EFFORT & STRATEGY

What new approach did I try?

The "Yet" Moment

What am I not good at YET, and what is my next step?

"Becoming is better than being." - Carol Dweck