

Infant Weight Tracking

Breastfed Growth Progress Chart

Baby's Name: _____
Birth Weight: _____
Birth Date: _____
Pediatrician: _____

AGE	AGE / INTERVAL	DATE	WEIGHT (OZ/LB OR G)	GAIN/LOSS (+/-)
	Birth			--
	3 - 5 Days			
	1 Week			
	2 Weeks			
	1 Month			
	2 Months			
	4 Months			
	6 Months			
	9 Months			

AGE	AGE / INTERVAL	DATE	WEIGHT (OZ/LB OR G)	GAIN/LOSS (+/-)
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12 Months				
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DIAPER LOG & OBSERVATIONS:

Note: Breastfed infants typically regain birth weight by 10-14 days. This chart is for personal tracking only.