

INFANT GROWTH TRACKER (GIRLS 0-12 MONTHS)

Name: _____
Date of Birth: _____
Birth Weight: _____
Pediatrician: _____

AGE	50TH PERCENTILE (AVG)	ACTUAL WEIGHT	PERCENTILE	NOTES
Birth	7 lb 3 oz			
1 Month	9 lb 4 oz			
2 Months	11 lb 5 oz			
3 Months	12 lb 14 oz			
4 Months	14 lb 2 oz			
5 Months	15 lb 3 oz			
6 Months	16 lb 2 oz			
7 Months	17 lb 1 oz			
8 Months	17 lb 15 oz			

AGE	50TH PERCENTILE (AVG)	ACTUAL WEIGHT	PERCENTILE	NOTES
9 Months	18 lb 13 oz			
10 Months	19 lb 10 oz			
11 Months	20 lb 6 oz			
12 Months	21 lb 1 oz			

**Standard values based on WHO Child Growth Standards. This template is for personal tracking only.*