

PEDIATRIC MILESTONE TRACKER

Child's Name:

Date of Birth:

Pediatrician:

AGE	DEVELOPMENTAL MILESTONES	DATE MET	OBSERVATIONS
2 Months	Pushes up when on tummy Makes gurgling sounds Begins to smile at people		
4 Months	Holds head steady unsupported Reaches for toy with one hand Babbles with expression		
6 Months	Rolls over in both directions Responds to own name Sits without support		
9 Months	Pulls to stand Crawls or scoots Understands "no"		
1 Year	Walks holding onto furniture Says "mama" and "dada"		

AGE	DEVELOPMENTAL MILESTONES	DATE MET	OBSERVATIONS
	Simple gestures (waving)		
18 Months	Walks alone		
	Says several single words		
	Points to show interest		
2 Years	Runs and kicks a ball		
	Simple 2-word sentences		
	Follows 2-step instructions		

This chart is for tracking purposes only. Consult your pediatrician for clinical developmental assessments.