

TODDLER COGNITIVE DEVELOPMENT

Milestones & Observational Checklist

12 - 18 MONTHS

- Explores objects in different ways (shaking, banging, throwing)
- Follows simple one-step commands with gestures
- Points to one body part when asked
- Matches similar objects

18 - 24 MONTHS

- Finds things even when hidden under two or three covers
- Begins to sort shapes and colors
- Completes sentences in familiar books
- Plays simple pretend games (feeding a doll)

24 - 30 MONTHS

- Builds towers of 6+ blocks
- Identifies items in a book by name
- Follows two-step instructions
- Demonstrates "object permanence" mastery

30 - 36 MONTHS

- Can name most familiar things
- Understands the concept of "two"
- Uses imagination to create stories
- Turns book pages one at a time

Note: Every child develops at their own pace. Consult a pediatrician for developmental concerns.