

# HARVEST MATURITY CHART

Season: \_\_\_\_\_

VEGETABLE	DAYS TO MATURITY	VISUAL INDICATORS	STORAGE METHOD
Arugula	20 - 40	<i>Leaves 3-4 inches long; before flowering</i>	Refrigerate / Damp cloth
Bell Peppers	60 - 90	<i>Full size; firm skin; deep uniform color</i>	Cool / Dry pantry
Carrots	70 - 80	<i>Shoulders approx 1" wide; bright orange</i>	Root cellar / Fridge
Cucumber	50 - 70	<i>Firm; bright green; uniform size</i>	Refrigerate
Kale	50 - 65	<i>Hand-sized leaves; harvest outer first</i>	Refrigerate
Radishes	25 - 30	<i>1 inch diameter; pushing above soil</i>	Refrigerate
Tomatoes	70 - 90	<i>Consistent color; slight give when pressed</i>	Countertop (Room Temp)
Zucchini	45 - 55	<i>6-8 inches long; skin glossy and soft</i>	Refrigerate