

SPIRITUAL MATURITY PROGRESS

Period: _____ Mentor/Guide: _____

DISCIPLINES & CONSISTENCY

Core Practice	Frequency / Progress	Focus Level
Scripture Study / Meditation		Low —> —> High
Prayer & Communion		Low —> —> High
Solitude & Silence		Low —> —> High

CHARACTER TRANSFORMATION

Fruit / Attribute	Reflections & Growth Observations
Humility & Service	_____
Patience & Forgiveness	_____
Emotional Stewardship	_____

MONTHLY REFLECTION

Key Insights and Areas for Repentance/Renewal:

"But grow in the grace and knowledge..."