

GROWTH TRACKING LOG

Name: _____

Date of Birth: _____

DATE	AGE	HEIGHT (CM/IN)	PERCENTILE	NOTES / MILESTONES
	Birth			
	6 Months			
	1 Year			
	18 Months			
	2 Years			
	3 Years			
	4 Years			
	5 Years			
	6 Years			

DATE	AGE	HEIGHT (CM/IN)	PERCENTILE	NOTES / MILESTONES
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	7 Years			
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	8 Years			
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	9 Years			
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	10 Years			
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Template Reference Only â€¢ Minimalist Series