

GROWTH RECORD

Early Childhood Height Tracking

Child's Name:
Date of Birth:
Pediatrician:
Goal/Target:

AGE / INTERVAL	DATE	HEIGHT (IN/CM)	NOTES
Birth			
1 Month			
2 Months			
4 Months			
6 Months			
9 Months			
12 Months			
18 Months			

**AGE /
INTERVAL**

DATE

HEIGHT (IN/CM)

NOTES

24 Months

3 Years

4 Years

5 Years

6 Years