

NEWBORN GROWTH TRACKER

Child's Name: _____

Birth Date: _____

Birth Weight: _____

Birth Length: _____

AGE	DATE	WEIGHT (LB/OZ OR KG)	LENGTH (IN OR CM)	NOTES
Birth				
Week 1				
Week 2				
Week 3				
Month 1				
Month 2				
Month 3				
Month 4				
Month 5				

AGE	DATE	WEIGHT (LB/OZ OR KG)	LENGTH (IN OR CM)	NOTES
Month 6				
Month 9				
1 Year				