

PRESCHOOL PHYSICAL PROGRESS CHART

Student Name: _____

Age: _____

Date: _____

DEVELOPMENTAL MILESTONE

EMERGING

DEVELOPING

MASTERED

Gross Motor Skills

Hops on one foot without losing
balance

Climbs stairs using alternating feet

Kicks a stationary ball with force

Catches a bounced ball using hands
and chest

Fine Motor Skills

Uses safety scissors to cut along a
straight line

**DEVELOPMENTAL
MILESTONE**

EMERGING

DEVELOPING

MASTERED

Holds a pencil/crayon with tripod
grasp

Strings small beads onto a lace

Copies basic shapes (Circle, Square,
Cross)

Self-Care & Coordination

Manages large buttons or zippers

Pours liquid from a small pitcher
with minimal spilling

Instructor Signature: _____ Evaluation Period: Q1 / Q2 / Q3 / Q4