

PHYSICAL THERAPY PROGRESS

Plan Year: 2024

PATIENT NAME

John Doe

PROVIDER/THERAPIST

Dr. Jane Smith

PRIMARY FOCUS / DIAGNOSIS

Post-ACL Reconstruction Rehab

START DATE

October 24, 2023

DATE	EXERCISE / MOVEMENT	SETS/REPS	WEIGHT	PAIN (0-10)	NOTES / RANGE OF MOTION
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Pain Scale: 0 = No Pain | 5 = Moderate Pain | 10 = Worst Pain Imaginable

THERAPIST COMMENTS & WEEKLY MILESTONE