

# MEDICATION SIDE EFFECTS TRACKER

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Medication & Dosage	Common Side Effects	Patient's Symptoms	Severity	Action Taken
Example: Lisinopril 10mg	Dizziness, dry cough, headache	Slight dizziness after morning dose	<b>Mild</b>	Sit for 10 mins

**Emergency Red Flags:** Seek immediate medical attention if the patient experiences difficulty breathing, swelling of the face/throat, sudden confusion, or chest pain.

This document is for tracking purposes only. Always consult a healthcare professional before changing medication routines.