

Print Chart

## MEDICATION SIDE EFFECTS MANAGEMENT

Last Updated: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Primary Doctor: \_\_\_\_\_

Pharmacy Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

MEDICATION & DOSAGE	COMMON SIDE EFFECTS	MANAGEMENT STRATEGY	WHEN TO CALL DOCTOR
<b>Example:</b> <b>Lisinopril</b> 10mg - Morning	Dizziness, dry cough, fatigue.	Rise slowly from sitting. Stay hydrated. Take with food if nauseous.	<b>Swelling of face/tongue, difficulty breathing.</b>
<b>Example:</b> <b>Metformin</b> 500mg - Evening	Nausea, stomach upset, metallic taste.	Must take with a full meal. Avoid excessive alcohol.	<b>Extreme weakness, muscle pain, rapid breathing.</b>

**Disclaimer:** This chart is for informational purposes only. Always consult with a licensed healthcare professional before making changes to medication routines. In case of emergency, call 911 or local emergency services immediately.