

# Body Mass Index (BMI) Chart

Adult Weight Classification based on Height and Weight

Underweight (<18.5)

Normal (18.5-24.9)

Overweight (25-29.9)

Obese (30-39.9)

Morbidly Obese (>40)

Weight (lbs)	Height									
	4'10"	5'0"	5'2"	5'4"	5'6"	5'8"	5'10"	6'0"	6'2"	6'4"
<b>100</b>	21	20	18	17	16	15	14	14	13	12
<b>120</b>	25	23	22	21	19	18	17	16	15	15
<b>140</b>	29	27	26	24	23	21	20	19	18	17
<b>160</b>	33	31	29	27	26	24	23	22	21	19
<b>180</b>	38	35	33	31	29	27	26	24	23	22
<b>200</b>	42	39	37	34	32	30	29	27	26	24
<b>220</b>	46	43	40	38	36	33	32	30	28	27
<b>240</b>	50	47	44	41	39	37	34	33	31	29
<b>260</b>	54	51	48	45	42	40	37	35	33	32
<b>280</b>	59	55	51	48	45	43	40	38	36	34

BMI is a general screening tool and does not account for muscle mass, bone density, or overall body composition.