

DEVELOPMENTAL MILESTONES

Child's Name: _____ Date: _____

AGE RANGE	KEY MILESTONES (PHYSICAL, SOCIAL, COGNITIVE)
2 Months	<ul style="list-style-type: none">• Begins to smile at people• Holds head up during tummy time• Makes gurgling sounds
6 Months	<ul style="list-style-type: none">• Responds to own name• Rolls over in both directions• Begins to sit without support
12 Months	<ul style="list-style-type: none">• Pulls up to stand / cruises• Uses simple gestures (shaking head "no")• Says "mama" or "dada" specifically
18 Months	<ul style="list-style-type: none">• Walks alone• Points to show others something interesting• Says several single words
2 Years	<ul style="list-style-type: none">• Kicks a ball• Uses 2-word phrases• Shows defiant behavior (doing what told not to)
3 Years	<ul style="list-style-type: none">• Climbs well• Shows affection for friends• Follows instructions with 2 or 3 steps

Note: This is a general guide. Consult a pediatrician for clinical assessments.