

GROWTH & MILESTONES

Name:

Date of Birth:

Pediatrician:

AGE	MILESTONE DESCRIPTION	DATE	NOTES
2 Months	Smiles at people		
4 Months	Holds head steady unsupported		
6 Months	Rolls over in both directions		
9 Months	Sits without support		
12 Months	Takes first steps alone		
18 Months	Says several single words		
24 Months	Begins to run		
3 Years	Carries on a conversation		

OBSERVATIONS & GROWTH PROGRESS