

# EARLY CHILDHOOD DEVELOPMENT MILESTONE TRACKER

Child's Name: \_\_\_\_\_

Date of Observation: \_\_\_\_\_

<b>AGE RANGE</b>	<b>PHYSICAL &amp; MOTOR</b>	<b>COGNITIVE &amp; LANGUAGE</b>	<b>SOCIAL &amp; EMOTIONAL</b>
<b>0 - 6 Months</b>	Holds head up, begins to push up when lying on tummy.	Makes cooing sounds, responds to sounds by turning head.	Begins to smile at people, likes to play with others.
<b>6 - 12 Months</b>	Sits without support, starts to crawl, pulls to stand.	Responds to simple spoken requests, tries to mimic words.	Shows finger preferences, may be afraid of strangers.
<b>1 - 2 Years</b>	Walks alone, begins to run, kicks a ball.	Points to objects when named, follows one-step commands.	Shows more independence, shows defiant behavior.
<b>2 - 3 Years</b>	Climbs well, runs easily, pedals a tricycle.	Follows 2-3 step instructions, carries on a conversation.	Shows affection for friends, takes turns in games.
<b>4 - 5 Years</b>	Hops and stands on one foot, uses scissors.	Tells stories, uses future tense, counts to 10+.	Wants to please friends, follows rules, shows empathy.

\* This chart is for educational purposes only. Consult a pediatrician for formal assessments.