

INFANT DEVELOPMENT MILESTONE TRACKER

Child's Name:

Birth Date:

| AGE RANGE | DEVELOPMENTAL MILESTONES | DATE ACHIEVED |
|------------------|--|----------------------|
| 2 Months | Smiles at people Holds head up while on tummy Makes gurgling sounds | |
| 4 Months | Reaches for toys Holds head steady unsupported Pushes up on elbows | |
| 6 Months | Rolls over in both directions Responds to own name Starts to sit without support | |
| 9 Months | Crawls Pulls to stand | |

**AGE
RANGE**

DEVELOPMENTAL MILESTONES

DATE ACHIEVED

Understands "no"

**12
Months**

Walks holding onto furniture

Says "mama" or "dada"

Follows simple directions

Note: This chart is for informational purposes. Every child develops at their own pace. Consult your pediatrician for professional developmental screenings.