

PEDIATRIC DEVELOPMENT MILESTONES

A reference guide for early childhood growth markers

2 Months

SOCIAL & PHYSICAL

- Begins to smile at people
- Can hold head up and begins to push up when lying on tummy
- Makes gurgling sounds

6 Months

SOCIAL & PHYSICAL

- Responds to own name
- Rolls over in both directions (front to back, back to front)
- Begins to sit without support

1 Year

COGNITIVE & MOTOR

- Uses simple gestures like shaking head "no" or waving "bye-bye"
- May take a few steps without holding on
- Says "mama" and "dada"

2 Years

LANGUAGE & SOCIAL

- Points to things or pictures when they are named
- Sentences with 2 to 4 words
- Begins to run and kick a ball

3 Years

DEVELOPMENTAL

- Shows affection for friends without prompting
- Climbs well and runs easily
- Can work toys with buttons, levers, and moving parts

Note: This chart is for educational purposes only. Every child develops at their own pace.