

MUSCULAR SYSTEM ANATOMY

ANTERIOR VIEW (FRONT)

[ANTERIOR DIAGRAM]

Trapezius

Deltoid

Pectoralis Major

Quadriceps

POSTERIOR VIEW (BACK)

[POSTERIOR DIAGRAM]

Latissimus Dorsi

Triceps Brachii

Gluteus Maximus

Gastrocnemius

Torso & Neck

- Sternocleidomastoid
- Rectus Abdominis
- External Obliques
- Serratus Anterior

Upper Limbs

- Biceps Brachii
- Brachioradialis
- Flexor Carpi Radialis
- Infraspinatus

Lower Limbs

- Sartorius
- Biceps Femoris
- Tibialis Anterior
- Soleus

Reference Chart: Human Muscular Anatomy | Clinical Study Template