

MUSCULAR SYSTEM REFERENCE CHART

Clinical Anatomy Overview & Medical Student Series

HEAD & NECK

- Frontalis / Occipitalis
 - Orbicularis Oculi / Oris
 - Masseter / Temporalis
 - Sternocleidomastoid
 - Trapezius (Superior)
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TORSO & CORE

- Pectoralis Major / Minor
 - Rectus Abdominis
 - External / Internal Obliques
 - Latissimus Dorsi
 - Erector Spinae
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UPPER EXTREMITY

- Deltoid (Ant/Mid/Post)
 - Biceps Brachii / Triceps Brachii
 - Brachialis / Brachioradialis
 - Flexor / Extensor Carpi Group
 - Rotator Cuff (SITS)
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LOWER EXTREMITY

- Gluteus Maximus / Medius
 - Quadriceps Femoris Group
 - Hamstrings (Biceps Femoris)
 - Gastrocnemius / Soleus
 - Tibialis Anterior
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CLINICAL NOTES / ORIGIN & INSERTION MEMOS:

Study Template & Anatomical Positioning: Anterior & Posterior Views