MUSCULAR SYSTEM ANATOMY

Reference Chart for Educational Use

HEAD & NECK

- Frontalis
- Temporalis
- Masseter
- Sternocleidomastoid

TORSO

- Pectoralis Major
- Rectus Abdominis
- External Oblique
- Latissimus Dorsi
- Trapezius

ARMS

- Deltoid
- Biceps Brachii
- Triceps Brachii
- Brachioradialis

LEGS

- Quadriceps Femoris
- Hamstrings
- Gastrocnemius
- Gluteus Maximus
- Sartorius

Student Name: _____ Date: _____

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