

# SURGICAL RECOVERY CHART

*Daily Progress Tracking Log*

Week Starting: \_\_\_\_\_

PATIENT NAME  
PROCEDURE  
SURGEON / CLINIC CONTACT

Day / Date	Pain (1-10)	Medication & Time	Temp / Vitals	Incision Status	Activity / Notes
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## RECOVERY MILESTONES & QUESTIONS FOR DOCTOR

Seek immediate medical attention for: Chest pain, shortness of breath, or fever over 101F.