

NON-HDL CHOLESTEROL REFERENCE CHART

Calculated as: Total Cholesterol - HDL (Good) Cholesterol

LEVEL (MG/DL)	LEVEL (MMOL/L)	CLASSIFICATION
Less than 130	Less than 3.37	Optimal
130 - 159	3.37 - 4.11	Near Optimal / Above Desirable
160 - 189	4.14 - 4.89	High
190 or higher	4.92 or higher	Very High

Note: Non-HDL cholesterol is often considered a better predictor of cardiovascular risk than LDL alone, as it includes all "bad" types of cholesterol (LDL, VLDL, and IDL).

Patient Name: _____ Date: _____