

LIPID PROFILE REFERENCE CHART

Target ranges for adults (mg/dL)

Level Range	Classification
Below 100 mg/dL	Optimal
100 - 129 mg/dL	Near Optimal
130 - 159 mg/dL	Borderline High
160 - 189 mg/dL	High
190 mg/dL and above	Very High

Level Range**Classification**

Below 40 mg/dL (Men)

Low / At Risk

Below 50 mg/dL (Women)

Low / At Risk

60 mg/dL and above

High / Protective**Level Range****Classification**

Below 150 mg/dL

Normal

150 - 199 mg/dL

Borderline High

200 - 499 mg/dL

High

Level Range**Classification**

500 mg/dL and above

Very High

Note: These values are general guidelines. Consult with a healthcare professional to interpret results based on personal medical history.