

# KIDNEY HEALTH MONITOR

Report Generation: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Physician: \_\_\_\_\_

Target eGFR: \_\_\_\_\_

TEST / BIOMARKER	REFERENCE RANGE	DATE: ___/___/___	DATE: ___/___/___	DATE: ___/___/___	DATE: ___/___/___
<b>eGFR</b> Estimated Glomerular Filtration	> 60 mL/min				
<b>Creatinine</b> Serum (mg/dL)	0.7 - 1.3 mg/dL				
<b>BUN</b> Blood Urea Nitrogen	7 - 20 mg/dL				
<b>Albumin/Creatinine</b> Urine Ratio (UACR)	< 30 mg/g				
<b>Potassium</b> Electrolyte (mEq/L)	3.5 - 5.1 mEq/L				
<b>Phosphorus</b> Mineral (mg/dL)	2.5 - 4.5 mg/dL				
<b>Hemoglobin</b> Anemia Check (g/dL)	13.5 - 17.5 g/dL				
<b>Blood Pressure</b> Systolic / Diastolic	< 130/80 mmHg				

**Clinical Notes & Lifestyle Adjustments:**

This template is for personal tracking only. Always consult with a medical professional to interpret laboratory results.