

NOCTURNAL OXYGEN SATURATION LOG

Month/Year: _____

Patient Name: _____

Device Type: _____

Target SpO₂ Range: _____

Prescribed O₂ Flow (LPM): _____

DATE	BEDTIME	WAKE TIME	AVG SPO₂ (%)	LOW SPO₂ (%)	OBSERVATIONS / SYMPTOMS
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Provider Notes / Instructions:

This document is for personal tracking purposes only. Consult a medical professional for clinical diagnosis.