

# SLEEP APNEA EVENT LOG

Month/Year: \_\_\_\_\_

Patient Name:

Device/Model:

Pressure Setting:

DATE	HOURS SLEPT	AHI INDEX	MIN SPO2%	LEAK RATE	NOTES (ENERGY, MASK FIT, DREAMS)
------	----------------	--------------	--------------	--------------	-------------------------------------

DATE	HOURS SLEPT	AHI INDEX	MIN SPO2%	LEAK RATE	NOTES (ENERGY, MASK FIT, DREAMS)
------	-------------	-----------	-----------	-----------	----------------------------------

Definitions: **AHI** (Apnea-Hypopnea Index), **SpO2** (Oxygen Saturation). This log is for personal tracking and clinical review.