

SLEEP APNEA OBSTRUCTION PATTERNS

Patient Name: _____

Date of Study: _____

Assessment Tool: DISE / Polysomnography

Physician: _____

PATTERN TYPE	LEVEL	DESCRIPTION & VISUAL INDICATORS	SEVERITY
Anteroposterior (AP)	Palatal / Velum	Collapse of the soft palate against the posterior pharyngeal wall.	Varies
Lateral	Oropharynx	Inward collapse of the lateral pharyngeal walls (tonsillar pillars).	Moderate
Concentric	Velopharynx	Circular narrowing involving palate and lateral walls simultaneously.	Severe
Epiglottic	Hypopharynx	Trap-door or side-to-side folding of the epiglottis over the glottis.	Acute
Tongue Base	Hypopharynx	Posterior displacement of the tongue base against the throat.	Positional

Clinical Observations & Notes

Template for clinical reference only. Not a diagnostic instrument.