

Newborn Sensory Development

A Month-by-Month Sensory Milestone Guide

AGE RANGE	VISUAL & AUDITORY FOCUS	TACTILE & MOTOR SKILLS
0 - 1 Month	Vision Focuses on high-contrast patterns (black/white). Tracks slow-moving objects.	Touch Reflexive grasping. Sensitivity to temperature changes and soft textures.
2 - 3 Months	Auditory Turns head toward familiar voices. Begins to differentiate primary colors.	Motor Briefly holds objects placed in hand. Enjoys skin-to-skin contact.
4 - 6 Months	Vision Full color vision develops. Recognizes faces from across a room.	Tactile Explores objects with mouth. Reaches for dangling toys with both hands.

*This chart is for informational purposes only. Consult a pediatrician for developmental concerns.