

PREGNANCY JOURNEY & MILESTONES

Patient Name: _____

Due Date: _____

WEEK	DEVELOPMENT MILESTONE	APPOINTMENT DATE	STATUS
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First Trimester

Week 8 **Major Organs** Heart beating; neural tube closes.

Week 12 **First Screening** Reflexes develop; kidneys begin working.

Second Trimester

Week 20 **Anatomy Scan** Movement "quickening"; gender may be visible.

Week 24 **Viability Milestone** Lungs begin to produce surfactant.

Third Trimester

Week 28 **Glucose Test** Eyes open; rapid brain development.

Week 36 **GBS Screening** Baby drops into position; lungs maturing.

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Week 40 **Full Term** Ready for birth.

Notes / Questions for Doctor: