

PRENATAL CARE TRACKER

Patient Name: _____

Due Date: _____

GESTATION	DATE / TIME	KEY MILESTONES & TESTS	VITALS / NOTES
Weeks 4-8		Confirmation, Blood Work, Initial Ultrasound	-----
Week 12		Nuchal Translucency, Fetal Heartbeat	-----
Week 16		Multiple Marker Screen (AFP)	-----
Week 20		Anatomy Scan Ultrasound	-----
Week 24		Glucose Challenge Test	-----
Week 28		Rh Antibody Test, Tdap Vaccine	-----
Week 32		Fetal Growth Check	-----
Week 36		Group B Strep (GBS) Swab	-----

GESTATION	DATE / TIME	KEY MILESTONES & TESTS	VITALS / NOTES
Week 38		Cervical Check (Optional)	-----
Week 40		Biophysical Profile / Delivery Planning	-----

* This is a general guide. Frequency of visits may increase during the third trimester.