

PRENATAL LAB MILESTONE TRACKER

Patient Name: _____

Due Date: _____

DONE	TIMELINE	TEST / MILESTONE	PURPOSE
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First Trimester (Weeks 1-12)

8-10 Weeks	Initial Prenatal Panel Blood Type, Rh factor, CBC, Rubella, Hep B	Establish baseline health & identify potential risks.
10-13 Weeks	NIPT (Cell-free DNA) Optional screening	Screen for chromosomal abnormalities (Trisomy 21, 18, 13).
11-13 Weeks	Nuchal Translucency Ultrasound + Bloodwork	Early screening for cardiovascular and genetic health.

Second Trimester (Weeks 13-27)

15-20 Weeks	Quad Screen Maternal Serum Screening	Assessment of neural tube defects & genetic markers.
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	18-22 Weeks	Anatomy Scan Level II Ultrasound	Detailed evaluation of baby's organs and growth.
	24-28 Weeks	Glucose Challenge (GCT) 1-Hour Screen	Screening for Gestational Diabetes.

Third Trimester (Weeks 28-40)

	28 Weeks	Rh Antibody Screen For Rh-negative blood types	Determine need for RhoGAM injection.
	35-37 Weeks	Group B Strep (GBS) Vaginal/Rectal Swab	Screening for bacteria that could affect baby during birth.

Additional Doctor's Notes & Questions: