

PRENATAL CARE MILESTONE CHART

Patient Name:

Due Date:

TIMING	MILESTONES & TESTS	STATUS
FIRST TRIMESTER (Weeks 1 - 12)		
Weeks 8 - 10	Initial Intake: Medical history, blood type, Rh factor, and dating ultrasound.	Complete
Weeks 11 - 13	Nuchal Translucency (NT) scan & Non-Invasive Prenatal Testing (NIPT) screening.	Complete
SECOND TRIMESTER (Weeks 13 - 27)		
Weeks 16 - 20	Multiple Marker Screen (Quad Screen) & Gender reveal (optional).	Complete
Weeks 18 - 22	Anatomy Scan: Detailed ultrasound to check baby's physical development.	Complete
Weeks 24 - 28	Glucose Tolerance Test (GTT) for Gestational Diabetes & Hemoglobin check.	Complete
THIRD TRIMESTER (Weeks 28 - 40)		

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Week 28	RhoGAM injection (if mother is Rh-negative).	Complete
Weeks 35 - 37	Group B Strep (GBS) swab & Fetal position check.	Complete
Weeks 38 - 40	Weekly cervical checks & Discussion of birth plan.	Complete

Note: This is a general guideline. Follow your healthcare provider's specific schedule.